



## **16th ISPAD Research School for Physicians Report**

September 25 to September 30, 2016, in Oslo (Norway)

**The ISPAD science school for physicians 2016 was arranged in Norway 25-30th of September by a numerous and engaged team from Oslo University Hospital. 18 young physicians and researchers from 13 countries in 5 continents gathered with a faculty of more than 15 experienced researchers in Thorbjørnrud Hotel located in the small village of Jevnaker outside Oslo. The week was filled with lecturers, case- and research presentations and discussions on virtually all aspects of diabetes.**

**The faculty lectures covered many different topics, such as micro and macrovascular complications, new technologies (CSII, CGM and closed loop systems), MODY and monogenic diabetes, physical activities, epidemiology and register studies, basic pathology, environmental factors, eating disturbances, diabetes camps, statistics and bioinformatics. Dr Anju Virmani from Delhi in India explored the important subject “Diabetes in developing countries”, and she also gave a state of the art-lecture on type 2 diabetes. Jill Weissberg-Benchell from Chicago in the US held a workshop entitled “Emotional burden in adolescents and young adults with diabetes; is it a problem, does it affect HbA1c and what can be done?”, which induced interesting discussions among all the participants. Finally, Professor Edwin Gale from Bristol in the UK gave two highly interesting lectures, “How to be rejected” and “The changing face of diabetes”, both filled with food for thoughts for contestants and faculty members.**

**Even more awarding than the lectures from the faculty members, were the presentations given by the participants themselves. All of them presented their research projects in 10 minutes, followed by a 10 minute discussion. They also presented a 5 minutes case story of particular interest, also followed by a discussion. The participants are all doing exciting research, and In general, their presentations were very well prepared. The following discussions engaged all of us, and provided the participants important experience before presenting their research to larger audiences.**

**The most important aspects of ISPAD science school is that it brings people together. Young researchers get to know each other and they meet more**

**experienced researchers. The latter are on return inspired and influenced by the youthful enthusiasm and creativity. Hopefully this year's science school has initiated many life-long friendships, which will result in good research and treatment of diabetes in years to come.**

**We thank the sponsors Lilly, Sanofi and Abbot for their unrestricted financial support.**

**On behalf of the local organizers, Lars Krogvold.**

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