

Allan Drash fellowship report

Awardee: Dr. Manisha Gupta

Mentor: Dr. Jamie Wood

Center: Rainbow babies and children's hospital, Cleveland Ohio US



Duration: 28<sup>th</sup> April to 15<sup>th</sup> June 22 (6 weeks)

I, Dr. Manisha Gupta from India was recipient of prestigious Drash fellowship in year 2020 but couldn't manage to go because of COVID. Due to pandemic, I joined Dr. Wood's center in April till June 22.

Dr. Wood is simply an outstanding person with pleasing personality, full of knowledge, kind and courteous with profound sense of hospitality. Before planning my trip, she had asked about my lodging and travelling. She had helped me out in every workable way whether it was my stay in air bnb or daily trips to hospital and periphery centers of hospital; she never made me feel as an outsider.

I am currently working in developing country India, though Capital of Diabetes, but extremely limited resources. So, I tried to learn every minute detail which was possible. I shadowed all diabetic nurses in IPD as well OPD. I tried to gather knowledge from them and made power point presentation which was approved and further rectified by dr. Wood. My presentation was on diet, insulin technique, dose titration, acute complications of diabetes, sick day rules and so on. I am planning to use these presentations to create awareness among type 1 diabetic children and adolescent. Dr. Wood had also arranged workshop with insulin pump companies like Medtronic's and Tandem. I had an opportunity to gain experience in these workshops with other pediatric fellows; Dr. Ruba, Dr. Saima, Dr. Saleel and Dr. Amjad; we had great learning sessions with them and moreover a fantastic experience to share knowledge, fun and warmth



On Wednesday, we used to have conference where entire week IPD cases were discussed with other pediatrics fellows and faculties. We also redesigned diabetic education booklet, wonderful experience. Monday and Thursday we used to have clinic in peripheries centers of hospital. Dr. Wood was so kind enough to pick and drop me each day. Clinic in those places used to be brain storming learning.

We also had Eid celebration in our department, fun with learning. It was “pot lock”, I also contributed with vegetarian Indian dish.



At the end of my fellowship, Dr. Wood had organized a thrilling match of American Baseball with her family. It was my very first experience and obviously, Cleveland won.



I learnt holistic, patient-centric approach in Cleveland. All minor issue with patient of type 1 was managed with care by all experts, educators and social worker. They used to discuss all delicate details of patient and further help them in treatment and care. I would highly recommend whoever is planning for their Darsh fellowship, to opt for Dr. Wood’s center. Highly knowledgeable dietician and educators with talented team of pediatric endocrinologist and fellows. This center is full of

warmth, kindness, hospitality and love. I had wonderful time being there. Thank you entire ISPAD for giving me this opportunity.