

## **18<sup>th</sup> ISPAD SSHP report**

Dates: 10-12 October 2022

Location: Abu Dhabi UAE

12 participants from Australia, UK, Ireland, Poland, Holland, Kenya, Canada and Liberia took part in the 18<sup>th</sup> SSHP workshop which focuses on teaching research methodologies and developing research projects. The workshop welcomed allied health professionals from a variety of backgrounds including nursing, dietetics, social work and psychology.

Participants have presented research projects from a range of subject areas. Topics included the development of a psychology tool for young people with newly diagnosed diabetes; a survey to help identify challenging foods for dosing insulin; improvements in diagnosing and managing cystic fibrosis related diabetes; education for schools and after school care in Poland, dietetic resources for young people with type 1 diabetes and eating disorders and improving access to diabetes education and support to young people with diabetes in less resourced countries.

The 2022 ISPAD SSHP faculty was facilitated by Dr Megan Paterson (Diabetes Nurse, Duabetes Nurse, University of Queensland, Australia), Professor Timothy Skinner (Psychologist, Københavns Universitet Copenhagen, Denmark), Professor Eda Cengiz (Paediatric Endocrinologist, University of San Francisco, California USA) and Sarah Adhami (Diabetes Dietitian Dubai, UAE).

Organized and funded by JDRF and ISPAD, the Science School is a foundation course in research methodology designed for allied healthcare professionals who have or wish to develop a research interest in diabetes in children and adolescents. To be eligible for the course you must be an ISPAD member and a non-medical healthcare professional (dietitian, nurse, clinical psychologist, social worker) with at least 3 years' experience working with children and adolescents with diabetes.